



Contribution to the study of the production factors of Moroccan truffles (Soil, Climate, Vegetation)

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Abstract: The production of truffles depends on the interdependence of three main factors, the soil, the rainfall and the host plant. The areas where these factors accomplish their role are endowed with good productivity. The objective of this work is to contribute to the study of the production factors of Moroccan truffles. The study area concerns the four truffle regions of the Kingdom, namely: the Northeast region, the Maâmora forest, the Doukkala-Abda Sahel and the Moroccan Sahara. In addition to the Jaâba forest in the Middle Atlas known for the production of true truffles and the Zouada forest in Larache known for the production of *Terfezia arenaria*. The results of this study indicate that Moroccan truffles need two rainfall periods, the first concerns summer-autumn rain and the second concerns winter rain. The soils are generally sandy to loamy, poor in organic matter, faintly calcareous, with a pH around neutrality and not saturated with exchangeable bases. The host plants most present in the studied areas are *Helianthemum* species, except for certain species of Maamora and true truffles linked to the tree layer.

1. Introduction

The birth and development of truffles require the interdependence of three main factors: the soil, the climate and the host plant. The intensity and seasonal distribution of precipitation influence its yield and abundance. As for the soil, it plays a major role in their growth through its physicochemical characteristics. While the host plant, provides through a symbiotic association the nutrients (water, mineral elements) necessary for the development of this fungus (Grente and Chevalier, 1980; Dexheimer et al., 1985; Fortas and Chevalier, 1992; Laessoe and Hansen, 2007; Fortas, 2009; Bouziani et al., 2010; Bradai et al., 2013). The distribution and variability of species is mainly due to the difference between these factors from one region to another (De Laplane, 2010).

There is a difference between these conditions between desert truffles and true truffles. As for desert truffles, also known as *terfez*, they are adapted to the climates of semi-arid and arid zones, hence their name "desert truffle". Their development is closely linked to autumn and winter rainfall. The regions where they develop are generally characterized by an annual rainfall of between 50 and 380 mm (Trappe, 1979; Malençon, 1973; Awameh, 1981; Feeney, 2002; Kagan-Zur and Roth-Bejerano, 2008; Abeysekara et al. 2023). According to Heim (1969), the good production of truffles depends on the abundance of rains in November and December. While for Alsheikh (1994), truffles appear

after 3 to 4 months of good autumn and winter rainfall. This is the same period during which the host plant completes its life cycle. Rains, even small amounts, play an important role, particularly in the transport, dispersal and germination of ascospores. But excessive rains or bad distribution as well as prolonged cold periods or strong heats cause the disturbance of the biological cycle of the truffle and imply the rotting of the spores (Feeney, 2002 ; Bradai *et al.*, 2013, 2015 ; Khabar, 2016). Desert truffles prefer sandy soils, either gypseous, or gravelly-gypseous, well aerated and light allowing a better circulation of mineral elements, relatively rich in calcium carbonate and poor in organic matter and phosphorus. The majority thrive in soils with an alkaline or near-neutral pH. The pH and humidity are higher in the immediate environment of the *terfez* (subsurface) than on the surface. On the other hand, the organic matter content is low in the subsurface (Alsheikh and Trappe, 1983 ; Fortas, 1990 ; Fortas and Chevalier, 1992 ; Hashem and Al-Obaid, 1996 ; Bonifacio and Morte, 2014). As for the host plant, the *terfess* live in symbiotic association with plants belonging to the *Cistaceae* family, generally *Helianthemum* (Awameh and Alsheikh, 1980; Alsheikh and Trappe, 1983; Moreno *et al.*, 2000; Diez *et al.*, 2002; Zambonelli *et al.*, 2014) .

While for true truffles, of the genus *Tuber*, they develop in different climates depending on the species. They need alternating periods of heat and humidity. The factor limiting their development is frost. When it concerns the first five to twenty centimeters, it interrupts the growth and maturity of the ascocarps, degrades or kills the fruit of the fungus (Callot, 1999; Bernadach, 2008; Olivier *et al.*, 2018). In autumn, the constraint to be feared is an excess of rainfall which can lead to the rotting of the truffles when the ground is little or moderately filtering. Persistent droughts in October can also cause catastrophic damage (Olivier *et al.*, 2018). These truffles thrive in calcareous soils with the presence of more or less fine elements including clay, airy and draining soils that heat up easily with intense biological activity. The role of clay is to structure the soil and regulate humidity. As for the biological activity, it provides the nutrients the truffle needs, as well as the aeration of the soil. It should be mentioned that permanent humidity is not good for the development of the truffle (Bernadach, 2008; Olivier *et al.*, 2018) . The *Tuber* live entirely in association with the roots of certain trees, mainly oaks (Rodriguez, 2008). There are certain factors that favor a tree being truffle-hosting, including soil, climate and biotic factors. Among the trees considered as truffle-hosting according to tradition, we find: the holm oak (*Quercus ilex*), the pubescent oak (*Quercus pubescens*), the kermes oak (*Quercus coccifera*), the pedunculate oak (*Quercus robur*), the faginate oak (*Quercus faginea*), cork oak (*Quercus suber*), hazel (*Corylus avellana*) and lime trees (*Tillia*). Other trees can be truffle-hosting if the conditions are favorable such as hornbeam (*Carpinus*), Aleppo pine (*Pinus halepensis*), black pine (*Pinus nigra*) and chestnut (*Castanea*) (Olivier *et al.*, 2018).

In Morocco, there are four major truffle regions known mainly for the production of desert truffles, namely, the Northeast region which includes the Oriental region, High Moulouya and part of Tafilalet (*T. nivea*, *T. pinoyi*, *T. claveryi*, *T. boudieri*, *T. olbiensis*, *T. leptoderma* and *Picoa juneperi*) ; Maâmora forest (*T. arenaria*, *T. leptoderma*, *T. asa*, *T. oligospermum*, *T. gennadii*, *T. Borchii* Var. *sphaerosperma* and *Delastria rosea*), Doukkala-Abda Sahel (*T. boudieri*, *T. pinoyi* and *T. oligospermum*) and the Moroccan Sahara (*T. pinoyi*, *T. nivea*, *T. claveryi* and *Picoa juneperi*). Other areas also exist with rare and irregular production. The Middle Atlas is one of those areas whose holm oak forests are home to true truffles. The existing species are: *T. excavatum*, *T. brumale*, *T. rufum* and *T. uncinatum/aestivum*. The regions of Tangérois (Tangier), Loukkous (Larache), Souss (Agadir), Drâa (Ouarzazate) and the plantations of the green belt south of Rabat are home to desert truffles. Morocco is the first country in North Africa to introduce the cultivation of black truffles *Tuber melanosporum*

in Debdou and Imouzzar du Kandar (Chatin, 1896; Malençon, 1973 ; Serrhini et al., 1995 ; Khabar, 2016 ; Laqbaqbi, 2020 ; Hakkou et al., 2021 ; Hakkou et al., 2022).

The objective of this work is to contribute to the study of truffle production factors in the four major truffle regions of the Kingdom and in other areas including the Jaaba forest in the Middle Atlas and the Zouada forest in Larache which knows production of *Terfezia arenaria* the common species of Maâmora.

2. Methodology

2.1 Meteorological data

Rainfall data were collected from the forest services of the truffle regions. Then surveys with collectors were carried out to distinguish the years of good production. The knowledge of the average rainfall of the years of good production, will make it possible to specify the quantities of rain favorable to the production of Moroccan truffles.

2.2 Soil data

a. Collecting soil samples in the field

Soil samples were taken in the truffle regions, and in the forests of Jaaba in the Middle Atlas and Zouada in Larache in the places known by the collectors to be the most productive (Figure 1, Table 1). In the same location, 3 random soil samples were taken from the surface layer (0 – 10 cm) to measure soil apparent density (g/cm³) and another composite sample from the top 20 cm (0 – 20 cm) to perform conventional physicochemical analyzes in the laboratory (texture, pH, exchangeable bases, nitrogen, phosphorus, potassium, carbon, etc.).

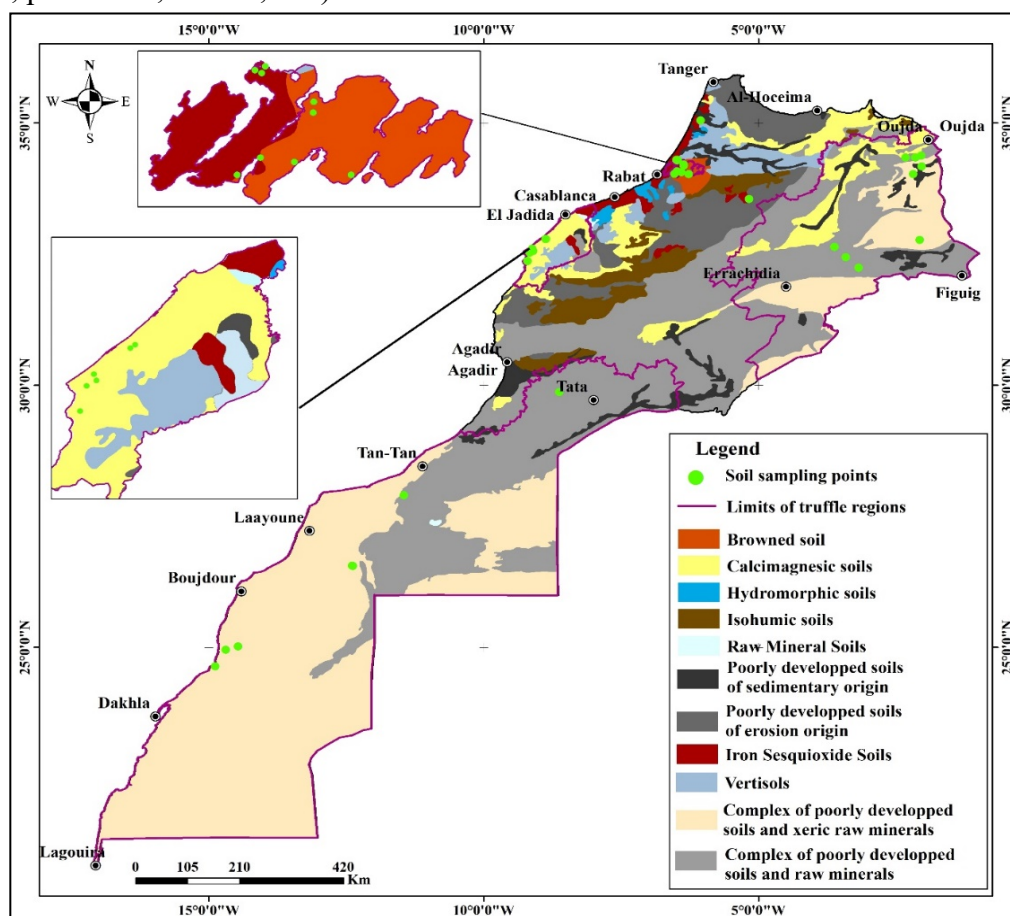


Figure 1. Soil sampling points

Table 1. Coordinates of soil sampling sites

Regions	Provinces	Communes	Sites	Coordinates
Northeast region	Jerada	Guenfouda	O1	34°22'47.92"N 2° 2'35.55"O
	Taourirt	Tancharfi	O2	34°20'30.33"N 2°19'21.23"O
	Jerada	Laaouinate	O3	34°20'34.53"N 2° 8'41.89"O
		Ain Béni Mathar	O4	34°10'24.29"N 2° 1'48.07"O
			O5	34° 1'40.98"N 2°11'10.72"O
	Figuig	Tandrara	O6	32°46'10.82"N 2° 4'8.58"O
		Beni Tadjite	O7	32°26'37.91"N 3°24'49.90"O
			O8	32°38'19.43"N 3°37'1.46"O
		Boumeryem	O9	32°14'36.84"N 3°10'46.46"O
Maamora	Khémisset	Sidi Allal El Bahraoui	M1	34° 2'8.27"N 6°32'6.54"O
			M2	34° 4'39.03"N 6°28'54.03"O
		M'qam Tolba	M3	34° 2'9.07"N 6°16'20.56"O
		Sidi Boukhalkhal	M4	34° 4'0.63"N 6°24'11.31"O
	Kénitra	Ameur Seflia	M5	34°12'45.00"N 6°21'30.73"O
			M6	34°11'10.03"N 6°21'36.73"O
		Ouled Slama	M7	34°17'18.57"N 6°29'39.75"O
			M8	34°16'53.73"N 6°28'43.85"O
			M9	34°17'53.27"N 6°28'14.85"O
Doukkala-Abda Sahel	El-Jadida	Ouled Ghanem	S1	32°46'8.31"N 8°53'40.02"O
			S2	32°47'26.95"N 8°51'59.27"O
	Safi	Ayir	S3	32°36'9.08"N 9° 6'59.61"O
			S4	32°33'46.82"N 9° 6'0.60"O
		El Beddouza	S5	32°31'39.70"N 9° 9'38.73"O
		Had Hrara	S6	32°22'4.53"N 9°11'57.79"O
Moroccan Sahara	Tata	Issafen	SA1	29°52'14.97"N 8°37'21.02"O
	Tan-Tan	Abteh	SA2	27°54'9.40"N 11°26'59.02"O

	Es-Smara	Sidi Ahmed Laarousi	SA3	26°26'20.71"N 12°38'47.49"O
			SA4	26° 6'15.05"N 12°29'2.58"O
	Boujdour	Jraifa	SA5	24°57'15.75"N 14°41'13.38"O
			SA6	25° 1'1.69"N 14°27'53.20"O
			SA7	24°38'25.41"N 14°52'48.79"O
Forêt de Jaâba	El Hajeb	Ait Naamane	J1	33°33'11.94"N 5°10'23.03"O
Forêt de Zouada	Larache	Zouada	Z1	35° 2'59.68"N 6° 3'13.36"O

b. Laboratory analyzes

The physicochemical analyzes carried out are:

- Particle size analysis ;
- Determination of total CaCO₃ using Bernard's calcimeter;
- Determination of carbon and organic matter contents according to the method of Walkley and Black (1939);
- Determination of assimilable phosphorus according to the Olsen method;
- Determination of total nitrogen according to the Kjeldahl method (1883);
- Determination of exchangeable potassium using the flame spectrophotometer;
- Soil pH measurements with H₂O and KCl using a pH meter;
- Determination of exchangeable bases (Ca²⁺ and Mg²⁺) using the technique developed by Lavkulich (1981), which consists of saturating soil samples with a buffered solution of ammonium acetate (1M) at pH 7.

2.3 Identification of host plants

Field trips were carried out between March 2020 and July 2022, during which we were able to participate in the collection of truffles, observe their natural production environment and collect and photograph their host plants which were subsequently identified through their vernacular names, botanical descriptions and collaboration with botanists from ENFI and the Forest Research Center.

3. Results and Discussion

3.1 Precipitation

Certainly, desert truffles are adapted to arid climates, but rainfall is the key factor for the germination of host plants and therefore for the production of truffles. The amounts of rain necessary for good production vary according to the specificities of each region and the species of truffle in question. According to surveys and participatory workshops, generally for a good production of truffles, the rains must fall in two periods. The first summer/autumn rains, thunderstorms from the end of August to the beginning of November, allow the germination of seeds and the installation of host plants in favorable places. The second winter rains, from December to March, allow the development of truffles as a fungus taking advantage of the symbiosis that settles between it and the roots of the host plant. The more the rains of this second period are important and fill the water reserve of the ground, the more the production is abundant and the wet grounds support the development of important

calibers. Thus, the truffle harvest period is longer and can last until April-June, depending on the region.

Since the annual production of truffles at the national level is not measured and archived, it is difficult to specify favorable rainfall values for good productions. But, by referring to the averages recorded during the years declared as good productions by the collectors, we can give some indications on the favorable quantities ([Table 2](#)). The years considered to have good productivity by region are:

- **Northeast region:** 1993, 1994, 1995, 1997, 2002, 2007, 2008 and 2014. The last year of good production was 2018. The average rainfall recorded varies from 402.95 mm to 776.7 mm. Rainfall of the order of 195mm is capable of generating good production (Figuig in 1995);
- **Maâmora forest:** 1996, 2002, 2003, 2008, 2014, 2016 and 2018. The average recorded rainfall varies from 485 mm to 1236.4 mm;
- **Doukkala-Abda Sahel:** 2009, 2010, 2011, 2014 and 2016. The average rainfall recorded varies from 338.6 mm to 530.25 mm;
- **Moroccan Sahara:** from 2014 to 2017. The average rainfall recorded varies from 50.2 mm to 122.3 mm. Rainfall of the order of 37.6 mm is capable of generating good production (Dakhla in 2017)

All the years declared to be of good production recorded rainfall above the annual averages of the stations concerned. However, the collectors judge that it is the distribution of the rains in two periods, the first constituted by the summer and autumn storms and the second by the winter rains, which influences the production of the truffles the most. In addition, we note that these years are very irregular. They are unpredictable. There is no regular cyclical phenomenon that could be considered for their prediction. Indeed, for the northeast zone where we have more data, years of good production were more frequent during the 1990s than they were during the last decade. One would think that this is due to the effects of climate change. In the Moroccan Sahara and Sahel Doukkala, production has been rare, if not very low, in recent years. We note that in the Maâmora, they are more regular one year out of three. Overall, since 2019 productions have been described as low by collectors.

The difficulty of forecasting truffle production could be explained by the fact that rainfall in these semi-arid, arid and Saharan areas is characterized by a double inter-annual and intra-annual (between seasons) irregularity. Indeed, the calculation of the coefficients of variations shows that the precipitations are very variable in the Moroccan Sahara than in the other regions.

As for the Jaâba forest located in Ifrane in the Middle Atlas, it belongs to a zone with a subhumid to humid climate. It receives a fairly high amount of precipitation ranging from 700 to 1200 mm/year. The existing truffles in this forest are not subject to collection. The local population does not even know them, especially since they occur at a considerable depth and do not come out on the surface of the earth. Only truffle dogs can detect them.

Our results concerning the climatic conditions of desert truffles confirm the statements of [Khabar \(2016\)](#) saying that the production of desert truffles depends on favorable rainfall in early autumn for some species, and winter and spring for others. According to [Khabar \(2002\)](#), in the Maâmora forest, truffles require maximum rainfall before the month of March and a rainfall of 240 mm is quite sufficient to ensure good production. As for the eastern region, it was reported by [El Aji \(1999\)](#) that the two years, 1990/1991 and 1993/1994 were of good production in Bouaarfa. The rainfall recorded was of the order of 222.6 and 214 mm respectively.

Table 2. Rainfall in years of good truffle production in the truffle regions of Morocco

Years	Maâmora	Northeast region			Doukkala Abda Sahel		Moroccan Sahara	
	Rabat-Sale	Figuig	Jerada	Oujda	Sidi Msahel	El Jadida	Tan-Tan	Dakhla
1990	413	235	425	422,9				
1991	513,6	325	480	293,5				
1992	280,4	170	400	263,1				
1993	434,6	230	415	377				
1994	208,8	210	360	344,5				
1995	321,1	195	370	240,9			105,9	
1996	1091,7	275	445	393,7				
1997	545,3	215	315	352,3				
1998	261,4	120	340	324,1				
1999	418,8	190	385	248,1				
2000	504,2	130	265	225,8				
2001	349	85	375	243,3				
2002	683,4	215	395	252,9				
2003	602,5	220	530	305,6				
2004	619	205	480	310,4				
2005	404,9	225	320	217,1				
2006	505,2	275	400	235				
2007	514,9	225	485	346,7				
2008	848,9	510	645	358,4				
2009	651,5	285	435	249,9	385	475		
2010	951,8	210	540	322,1	283	394,2	283	
2011	424,4	370	495	300,6	438	449,7		
2012	414,2	300	505	305,4	143	474,3		
2013	402,9	160	480	202,2	82	348,6	71,4	
2014	576,3	405	405	306,3	535	525,5	153,5	52,8
2015	243,3	235	400	295,1	156	272,5	53,9	46,5
2016	485	225	455	240,5	444	496,4	197,1	47,5
2017	423,2	176	380	207	305	274,1	84,4	37,6
2018	1236,4	294	498	325	274	577,7	19,8	15,7
2019	397,4	236	440	266,4	232,5	251,4	40,1	5,3
2020	348,7	211	415	241,5	347	320,7	42,7	16,8
2021	505,3	123	327	153,7	74,5	315,8	48,7	0,8
P (mm/y)	518,2	233,9	425,2	286,6	283,9	397,7	100,0	24,8
SD (mm/y)	234,0	85,1	77,4	61,2	144,5	108,2	80,6	21,4
CV (%)	45,2	36,4	18,2	21,4	50,9	27,2	80,5	86,2

(P: mean annual precipitation, SD: standard deviation, CV coefficient of variation).

Just like Moroccan truffles, truffles from Algeria occur in arid, semi-arid and Saharan areas. They develop in a warm climate characterized by good autumn and/or winter precipitation, followed by a period of drought. For good production, three rainy periods are necessary. These are the stormy rains of late summer and early autumn, rains of October, November and March. Favorable rainfall is around

40 to 60 mm during October and November and 5 to 15 mm in March, followed by a period of drought in April (Bouchareb, 1994; Tadjia, 1996; Fortas, 2004, Boufeldja, 2017; Benattia and Messaoudi, 2018). Rainfall from September to April allows the germination of truffle ascospores and the growth of the mycelial, while that of spring allows their maturation (Derbali, 2021). In Kuwait, truffle development requires a minimum rainfall of 180 mm distributed from October to March (Awameh and Alsheikh, 1979).

As for true truffles, *T. brumale*, called the musk truffle, is adapted to the Mediterranean climate but also appreciates oceanic and suboceanic climates. As for *T. uncinatum* grows in very different climates: oceanic, semi-continental, continental and mountainous Mediterranean. It is favored by the abundant rains in summer, in June, July and August (60 to 130 mm/month). It reaches maturity before extreme cold and therefore avoids the risk of frost (Callot, 1999; Bernadach, 2008). The *T. aestivum* species from Iran is found in a humid temperate climate, with an annual rainfall of around 350 to 676 mm, and a daily rainfall of 65.2 to 90 mm maximum (Puliga et al., 2021). In Morocco, the Tuber are found in subhumid and humid climates (Khabar, 2016).

3.2 The truffle soils of Morocco

The soils in most of the areas studied have a high sand content ranging from 13.5 to 87.5%, an average silt content ranging from 7.5 to 66.5% and a low clay content ranging from 5 to 20%. Thus, the soils are all sandy and loamy in texture, light favorable to the production of truffles. The clay contents are low. They are loose to slightly dense soils (Table 3).

The apparent density values range from 0.75g/cm³ as the minimum value in the holm oak forest of Ifrane to 1.76g/cm³ as the maximum value in the cork oak forest of Larache. The average apparent density for the surface horizon (0-10 cm) is 1.35 g/cm³. According to Linsley et al. (1982) and Poffijn (1988), the typical value for sandy soils is 1.52 g/cm³, for loamy soils is 1.36g/cm³ and for loamy-sandy soils 1.44g/cm³.

Table 3. Textures and apparent density of the soils of the truffle areas of Morocco

Zones	Clay %	Silt %	Sand %	Texture	Apparent density (g/cm ³)
Northeast region	13,6	37,19	49,19	Loamy	1,38
Maamora forest	5	7,5	87,5	Sandy	1,47
Doukkala-Abda Sahel	7	17,4	75,6	Sandy-loamy	1,58
Moroccan Sahara	11,37	30,93	57,7	Loamy-sandy	1,67
Jaaba Forest, Middle Atlas	20,0	66,5	13,5	Fine loam	0,75
Zouada Forest, Larache	10,0	7,8	82,2	Sandy-loamy	1,76

The chemical analyzes carried out for these soils (Table 4) indicate that they have slightly acidic, neutral to slightly alkaline pH values. They have very variable total CaCO₃ contents between zones, ranging from non-calcareous soil to low-calcareous soil. Some sites present quite high contents, we note the O7 site in the Northeast region with a value of 14.84%. The SA1 site in the Moroccan Sahara with a value of 10.4%. And the two sites S3 and S5 in the Sahel of Doukkala-Abda which present respectively 13.63% and 11.18%.

They are generally poor in organic matter in the superficial horizons, except in the Middle Atlas which has a very rich content of 12.36%.

The levels of assimilable phosphorus (P₂O₅) are very variable ranging from a very low level (Maamora, Moroccan Sahara and Zouada), low (Northeast), well provided (Jaaba) to a high level (Doukkala-Abda Sahel) according to the standards of Delaunois (2008).

The exchangeable potassium contents are very variable between the zones. Ranging from a very low content (Maamora and Zouada), low (Doukkala-Abda Sahel) to a very high content in the Northeast region, the Moroccan Sahara and Jaaba. The latter has the highest value 1018.23mg/kg (according to the standards of Delaunois (2008)).

C/N ratios are low in all arid areas and indicate rapid mineralization of organic matter. It is quite high in the humid Middle Atlas where it indicates an accumulation of organic matter on the surface. For the exchangeable bases (Na⁺, Ca²⁺ and Mg²⁺), we note that the values are very variable between the zones, but indicate that these soils are not saturated with bases. The soils are relatively rich in Ca²⁺ except for the forests of Maamora and Zouada occupied by cork oak. Indeed, this essence is qualified as being calcifuge.

Table 4. Chemical characteristics of the soils of the truffle areas of Morocco

Parameters		Zones					
		Northeast région	Maamora forest	Doukkala-Abda Sahel	Moroccan Sahara	Jaaba forest	Zouada forest
pH	H ₂ O	8,38	6,20	7,6	8,37	7,56	5,85
	KCl	7,7	5,72	7,18	7,90	6,96	5,57
% CaCO ₃		5,76	0	4,13	4,58	0	0
% H ₂ O		1,14	0,23	1,08	1,66	1	0,3
% Organic matter		1,68	1,95	2,65	0,55	12,36	0,72
%Carbon		0,97	1,13	1,53	0,32	7,17	0,42
%Nitrogen		0,22	0,13	0,12	0,13	0,17	0,03
C/N		3,88	9,97	13,7	2,52	40,96	14,84
P ₂ O ₅ (mg/Kg)		15,45	6,54	60,3	14	43,47	3,51
K ₂ O (mg/Kg)		397,65	57,57	62,77	306,4	1018,23	57,24
K ⁺ (meq/100g)		0,83	0,12	0,13	0,64	2,14	0,12
Na ⁺ (meq/100g)		0,37	0,26	0,32	1,03	0,39	0,20
Ca ²⁺ (meq/100g)		23,91	2,53	13,66	22,06	18	1,75
Mg ²⁺ (meq/100g)		2,69	1,19	2,33	4,68	5	1,25

Moroccan desert truffles need well-structured, airy sandy soils, allowing the circulation of mineral elements. The soil texture of the Maamora sites is similar to those found by several authors, including Khabar (2002), Oubrahim (2015) and Aroui-Boukbida et al. (2016). Khabar (2002), working on truffles, noted that the sand content was in the range of 78.9% to 87% with an average of 83.77%. According to Abourouh (2020), Maamora's truffle are found in light, well-aerated soils with a sand content ranging from 80% to 90% weakly mixed with silt and clays. The water pH of the samples studied is close to that found by Khabar (2002), Oubrahim (2015) whose values were 6 to 5.5. According to Abourouh (2020), the pH of truffle sites in the maâmora is slightly acidic, close to 6. With regard to organic matter, the value found exceeds those found by Khabar (2002) considered extremely low (0.19 and 0.57%). The phosphorus content (6.54mg/kg) is lower than those recorded by Khabar (2002) of 7.63 and 8.38mg/kg.

The value of K^+ (0.12 meq/100g) is lower than those recorded by [Khabar \(2002\)](#) of 0.21 and 0.50 meq/100g. The Ca^{2+} value (2.53 meq/100g) is slightly lower than those recorded by [Khabar \(2002\)](#) of 2.61 and 2.99 meq/100g. The value of Mg^{2+} (1.19 meq/100g) greatly exceeds those reported by [Khabar \(2002\)](#) of 0.21 meq/100g and 0.33 meq/100g. And the value of Na^+ (0.26 meq/100g) greatly exceeds those recorded by [Khabar \(2002\)](#) of 0.06 meq/100g.

In comparison with Algerian truffles, *Terfezia arenaria* -the common truffle between Maâmora and Zouada- fruits in the same texture as that found by [Aïbeche \(2008\)](#) in the Algerian coast and who reports that this species occurs in sandy soils with a content of 89.06% and 92.42%. The nitrogen (N) value recorded in Zouada (0.03%) is very low in comparison with that of Maâmora (0.13%) and slightly exceeds the value recorded in the Algerian coast by [Aïbeche \(2008\)](#) from the order of 0.022%. For the C/N ratio, the value of Zouada (14.84%) exceeds that of Maâmora (9.97%) and approaches the values of the truffle soil studied by [Aïbeche \(2008\)](#) of 16.36 and 19.36%.

For the Oriental region, the pH of our samples (8.38) is close to the value found in the province of Figuig (8.25) by [Bermaki et al., \(2017\)](#) and in the region of Oriental (8.23) by [Bouziani \(2016\)](#). The $CaCO_3$ value reported by [Bouziani \(2016\)](#) of 10.2% greatly exceeds ours. The organic matter content of 1.68% confirms the words of [El Aji \(1999\)](#) who indicate that in the north of the high plateau area, the soils contain 1 to 3% organic matter on the surface. The nitrogen content of the samples studied greatly exceeds that found by [Bouziani \(2016\)](#) by 0.05%. The phosphorus content of the sites studied of 15.45 mg/kg is much higher than that found by [Bouziani \(2016\)](#) of 10.4 mg/kg. And those found by [Bermaki et al., \(2017\)](#) in the order of 12.83 mg/kg and by [Tahiri \(1997\)](#) in the order of 12.21 mg/kg. The potassium content of around 397.65 mg/kg is close to that found by [Bermaki et al., \(2017\)](#) in Figuig of around 389.86 mg/kg. Note that the potassium levels found by other authors are 490 mg/kg for [Bouziani \(2016\)](#) and 577.3 mg/kg for [Tahiri \(1997\)](#).

For the Doukkala-Abda Sahel, it has a sandy-loamy texture. A successful cultivation experience of *Terfezia boudieri* - which is the most common species in the Sahel - conducted by [Slama et al. \(2010\)](#) in Tunisia was made on sandy-loamy soil. The pH in the same experiment is 7.1 value close to that recorded by the present study of 7.6. With regard to organic matter, the value recorded by our study (2.65%) exceeds that of one of the two sites of the experiment having a value of 1.17% and it is lower than the value of the other (4.94%) [Slama et al. \(2010\)](#). The phosphorus content of 60.2 mg/kg is very low compared to those reported by [Slama et al. \(2010\)](#) of 212 and 575 mg/kg. While the potassium value greatly exceeds those recorded by [Slama et al. \(2010\)](#) of 12.8 and 27.27 mg/kg.

For the Moroccan Sahara, the sandy and loamy texture of the soil studied is the favorable texture for the production of truffles. Desert truffles generally grow in light sandy, arenaceous soils consisting of fine silt according to [Heim \(1967\)](#). A study conducted by [Bradai et al., \(2013\)](#) in the Algerian desert on *Tirmania nivea*, which is among the existing species in the Moroccan Sahara, reported that the production soils are sandy with a very loose particle structure. The pH value of 8.37 approaches that found by [Bradai et al., \(2013\)](#) of the order of 8.25 and exceeds that found by [Bradai et al. \(2014\)](#) of the order of 7.85. With regard to organic matter, the content is also poor for the two studies. Ours is 0.55%, it slightly exceeds that recorded by [Bradai et al., \(2013\)](#) of the order of 0.41% and it is lower than that recorded by [Bradai et al., \(2014\)](#) of the order of 0.87%. In Iran, the value greatly exceeds those recorded in our sites and those in Algeria. Thus, the average recorded by [Jamali and Banihashemi \(2012\)](#) is 2.01%. The phosphorus content of 14 mg/kg is very low compared to that reported by [Bradai et al., \(2014\)](#) of 23.04 mg/kg. As for the exchangeable bases, our values exceed those recorded by [Bradai et al., \(2014\)](#). Thus, for Ca^{2+} the values are 22.06 meq/100g and 5.24 meq/100g respectively. For Mg^{2+}

the values are 4.68meq/100g and 1.34meq/100g. And for K^+ the values are 0.64meq/100g and 0.17meq/100g respectively.

In general, Algerian truffles grow in slightly alkaline soils with a pH that varies between 7.85 and 8.57; sandy or calcareous sandy-loam, well aerated and light allowing better circulation of mineral elements, relatively poor in organic matter, rich in magnesium, well supplied with potassium and calcium, and poor in phosphorus (Fortas, 1990; Fortas and Chevalier, 1992b; Bradai, 2006; Zitouni et al., 2007; Aibeche, 2008, Benattia and Messaoudi, 2018). These conditions may vary between coastal regions and steppe regions (Derbali, 2021). In Kuwait, they are fond of either gypsum or salty gravelly-gypsum soils (Halwagy and Halwagy, 1974a and b).

With regard to true truffles, our results roughly agree with the words of Khabar (2010) saying that the species of *Tuber* harvested in Morocco are found in strongly calcareous soils of silty-clayey textures, rich in potassium, nitrogen and magnesium. According to Callot (1999), *T. uncinatum*/*T. aestivum* -one of the existing species in Jaâba- prefers organic clay soils, weakly acidic often without litter. In Iran, the production areas of this species are characterized by high pH sandy soils with a high $CaCO_3$ content and a low amount of organic matter (Jamali and Banihashemi, 2012). According to Robin et al. (2016), the soil pH range in water where *T. uncinatum*/*T. aestivum* fructifies ranges from 5.9 to 8.4. Our results are different except for the pH values. Our soils are loamy and have a very high level of organic matter. The loamy texture is found in the variety of textures indicated by Robin et al. (2016), as favorable for the production of *Tuber aestivum* and which are: clay, clay-loam, loamy, sandy-loamy, loamy-sandy and sandy clay loam. True truffles can be harvested from soils that contain low to high percentages of sand (2.8 to 79.8%), low to high percentages of silt (9.8 to 67.4%), and percentages of low to medium clay (5 to 55%). A study conducted in Hungary by Gógán et al. (2012) on soils producing *Tuber aestivum* showed that 40% of the soils are loamy and 50% are loam-clay.

As for the exchangeable bases, the value of K^+ (2.14meq/100g) exceeds the values found by García-Montero et al. (2008) in Spain ranging from 0.07 to 1.97meq/100g, and those found by Hilszczańska et al. (2019) in Poland ranging from 0.34 to 1.27meq/100g. The Ca^{2+} value (18meq/100g) approaches some values reported by García-Montero et al. (2008) ranging from 4.77 to 30.71meq/100g. One site records a value of 18.63meq/100g. The value of Mg^{2+} (5meq/100g) greatly exceeds the values of the sites recorded by García-Montero et al. (2008) except for certain sites whose values are 6.31; 7.03 and 8.35meq/100g. The value is close to the average of the values recorded by García-Montero et al. (2008) of the order of 4.87 meq/100g. The value of the studied site greatly exceeds all the values reported by Hilszczańska et al. (2019) ranging from 0.57 to 2.14meq/100g. The Na^+ value (0.39meq/100g) greatly exceeds the majority of the values recorded by García-Montero et al. (2008) except for certain sites which record high values of the order of 2.20 and 4.61meq /100g. And it greatly exceeds the values recorded by Hilszczańska et al. (2019) ranging from 0.03 and 0.087meq/100g.

3.3 Host plants

To find the truffle, one must first find its host plant. Collectors who have been able to discover this relationship of symbiosis by observation and by linking the places of production with the places of distribution of the plants host, are being seen walking with their heads down in search of the plants they already know. The host plants are generally *Helianthemum* called *Tegcis* or *laqsid* (القصيد = place of destination), because they indicate the existence of the truffle in a specific place. Other vernacular names are attributed to these plants specific to each region (Figure 2). At the level of the Maamora forest, certain species of truffles are associated with trees.



Helianthemum ledifolium



Helianthemum pergamaceum



Helianthemum hirtum



Helianthemum lipii



Helianthemum guttatum



Helianthemum salicifolium



Pinus pinaster var. *atlantica*



Quercus ilex

Figure 2. Host plants of Moroccan truffles

The plants encountered by region are:

- **The North-East region:** *Helianthemum ledifolium* locally called *Tegcis* or *Tzaoua*, *Helianthemum pergamaceum* locally called *Serd Amalou* or *Izefzaf*, *Helianthemum hirtum* locally called *Idoudi* and *Helianthemum lipii* locally called *Reguig*;
- **The Maamora forest:** *Helianthemum guttatum* locally called *Tegcis* and *Pinus pinaster* var. *atlantica* locally called *Taida*;
- **The Doukkala-Abda Sahel:** *Helianthemum guttatum* and *Helianthemum salicifolium*, both are locally called *Tegcis* or *laqsid*;
- **The Moroccan Sahara:** the most common host plant is *Helianthemum lipii* locally called *yarguig* or *Izzi*.

Regarding the Jaaba forest in the Middle Atlas, truffles live in symbiosis with the holm oak (*Quercus ilex*). As for the Zouada forest in Larache, they live with *Helianthemum guttatum*.

The species of host plants found in the studied areas (**Figure 2**) are among the species indicated by several authors. Thus, according to [Tahiri \(1997\)](#) and ([Khabar 1988 and 2016](#)), Moroccan truffles are harvested near herbaceous plants of the *Helianthemum* genus, in particular *H. apenninum*, *H. apertum*, *H. croceum*, *H. glaucum*, *H. guttatum*, *H. hirtum*, *H. ledifolium* and *H. Lipii*, *Cistus* including *Cistus halimifolius*, *C. ladaniferus*, *C. salicifolius*, *C. monspeliensis* and *C. salvifolius* and also pines, *Pinus halepensis* and *P. pinaster* var. *Atlantica*.

Other Arab countries also share the same plant species. In Algeria, truffles live in symbiosis with *H. guttatum*, *H. hirtum* var. *deserti*, *H. ledifolium*, *H. lipii*, *H. salicifolium*, *H. squamatum* and *Plantago albicans* ([Fortas, 1990](#), [Zitouni-Haouar et al, 2014](#), [Zitouni-Haouar, 2016](#)). In Kuwait, they live in symbiosis with *H. ledifolium* and *H. salicifolium* ([Awameh and Alsheikh, 1979](#)). Other plants have been reported in other countries *H. almeriense*, *H. ovatum*, *Artemisia herba alba* and *Plantago albicans* in France ([Janex-Favre et al, 1988](#), [Gutierrez et al, 2003](#); [Kovacs et al, 2003](#)). Existing *Tuber* species in Morocco are harvested under holm oak ([Khabar, 2016](#)).

Conclusion

In this study, it emerged that the production of truffles in the studied areas requires specific common conditions for certain factors and different for others. Generally, they need two rainfall periods, the first in summer/autumn and the second in winter. As for the soils, we can consider that the soils of the truffle areas of Morocco are sandy to loamy, poor in organic matter, calcareous (CaCO_3) contents generally low, with a pH around neutrality and not saturated with exchangeable bases. This study provided data on truffle soils that have never been studied, including the soils of the Moroccan Sahara, the Doukkala-Abda Sahel and the Zouada forest. The host plants most present in the studied areas are *Helianthemum* species, except for certain species of Maamora and true truffles linked to the tree layer.

Knowledge of the conditions of truffle production will contribute to their protection. And this by trying not to destroy their natural environment and to move towards cultivation trials based on this knowledge.

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