



## Biological activity and characterization of essential oil of areal part from *Origanum majorana* L.: First report of antifungal activity against *Fusarium oxysporum* and against his biofilm

Kaouther Raouafi<sup>1,2</sup>, Houwaida Nefzi<sup>1,2,3</sup>, Badiia Esghaier<sup>4</sup>, Najla Sadfi<sup>4</sup>,  
Manef Abderrabba<sup>1</sup>, Sameh Ayadi<sup>2\*</sup>

<sup>1</sup>Laboratory of Materials, Molecules and Applications, IPEST, Preparatory Institute of Scientific and Technical Studies of Tunis, University of Carthage, Sidi Bou Said road, B.P.512070, La Marsa, Tunisia.

<sup>2</sup>Chemistry Department, El Manar University, Faculty of Sciences of Tunis, B.P: 248, El Manar II, 2092 Tunis, Tunisia.

<sup>3</sup>Biorefinery Processes Research Group, Department of Chemical and Environmental Engineering, University of the Basque Country (UPV/EHU), Plaza. Europa 1, 20018 Donostia-San Sebastian, Spain.

<sup>4</sup>Laboratory of Mycology Pthology and Biomarkes, Faculty of Science of Tunis.

<sup>5</sup>Institut National de Recherche et d'Analyse physico-chimique (INRAP). Technopole, 2020, Ariana-Tunisia.

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- ✓ Chemical composition

\*  
[sameh\\_ayadi2003@yahoo.fr](mailto:sameh_ayadi2003@yahoo.fr)

### Abstract

*Origanum majorana* L. is an aromatic plant belongs to the family of flowering plants *Lamiaceae* (L). It considered one of the most important temperate culinary herbs. For this, his essential oil has a good economic and industrial importance. This study is focusing on the valorization of the essential oil (EO) of the Tunisian *Origanum majorana* L. For this purpose, the characterization by GC/MS, antibacterial, antifungal and antibiofilm activities of the EO were determined. The results showed that, the major compounds of the EO was terpinen-4-ol(26.7%),  $\gamma$ -terpinene(16.96%), p-menthenol(11.85%),  $\alpha$ -terpinen(9.22%),  $\alpha$ -terpineol(5.76%) and p-cymene(5.27%). Moreover, this EO presents a good biological activity, it is able to inhibit gram positive and gram negative of bacteria strain, besides, it has an excellent antifungal activity by inhibition of *Fusariumoxysporm* with 100 % and an important inhibition of *Candida albicans* with 43.5 %.

## 1. Introduction

Essential oils are avolatile compound composed by complexe mixture present at low concentration, this compounds are extracted from different parts of aromatic plants using various techniques such as hydrodistillation or solvent extraction [1]. They are widely important in phytosanitary control, enabling the development of other techniques to decrease the negative effects of oxidants, radicals and microorganisms, causing losses to food industries [2]. In addition, essential oils extracted from aromatic and medicinal plants are a source of bioactive compounds, they known by their biological activity in vitro; include antioxidant, antibacterial, antifungal, anti-inflammatory, a good stimulan, reduce nervous headache, antispasmodic and more other effects [3-4]. *Origanum majorana* L. is annual, medicinal and aromatic plants species belongs to the family of flowering plants *Lamiacea* (L), he was known as one of the most used plant in the word due to his biological importance and its diversity of chemical composition [5]. It is a perennial plant originally native to southern Europe and the Mediterranean

region; however, it is cultivated in various countries [6-9]. This plant is very used in the Mediterranean diet, holding known anti-inflammatory, antibacterial, antifungal and antioxidant properties [10-15]. In other hand, various researchers confirm that the essential oil of *Origanum majorana* L. species is a source of active compounds with great biological importance; It is recognized by a wide range of therapeutic properties such as antispasmodic effects, lipid peroxidase inhibition, acetylcholineesterase inhibition, cardiac depressant activity and radical scavenging effect. Essential oil of *Origanum majorana* L. are characterized by dominance of monoterpenes where terpinen-4-ol is the most abundant compound in marjoram oil [16-17].

The present study aimed to characterize the chemical composition, antibacterial, antifungal and antibiofilm activities of essential oil extracted from areal part of *Origanum majorana* L.

**Abbreviations:** Essential oil (EO), minimal inhibition concentration (MIC), minimal bactericidal concentration (MBC), minimal fungicidal concentration (MFC), Diméthylsulfoxide (DMSO).

## 2. Material and Methods

### 2.1. Plant material

*Origanum majorana* L. used in this work was harvested through a biological culture in Nabeul (Tunisia) in May 2017. The fresh aerial material was dried at room temperature, and then it was milled, and finally stored in a closed container before use.



**Figure 1:** Photo of *Origanum majorana* L.

### 2.2. Chemicals

The Reagents used in this work were:

Ethyl acetate (99.98%, Fisher chemical Scientific UK, Loughborough), Dimethyl sulfoxide (99.9%, PanReac AppliChem, Germany), Methanol (99.99%, Fisher chemical Scientific UK, Loughborough).

### 2.3. Extraction of essential Oil

300g of fresh aerial part of plant material was hydrodistilled using a Clevenger apparatus for 3h. The collected EO washed using anhydrous sodium sulfate and then conserved in the dark at 4°C for further analysis [18].

#### 2.4. Chemical analysis of essential oil (GC / MS)

In order to know the chemical composition of the collected EO, it was performed by GC/MS. For this, 10 $\mu$ L of essential oil were dissolved in ethyl acetate. Then, A GC coupled with an Agilent 5975C mass spectrometry detector was used to analyze the solution was analyzed by GC–MS technique. In addition, ionization voltage of mass spectrometer in the EI-mode was 70 eV, however ionization source temperature was 250 °C. The operating conditions are: split in let mode (10:1), carrier gas N<sub>2</sub> at a flow rate 0.7 mL/min; injection at 280 °C. Identification of oil is by matching the mass spectral fragmentation patterns of different compounds with data from the Mass Spectral Library using the mass finder 3 [18].

#### 2.5. Antimicrobial activity

##### 2.5.1. Agar diffusion method

In present work, a list of Tunisian clinical pathogen strains was carried out: Three gram-negative bacteria: *Klebsiella pneumonia* (*K.pneumonia*), *Escherchia coli* (*E.coli*) and *Enterobacter cloacae* (*E.cloacae*), one gram-positive bacteria: *Staphylococcus aureus* (*S.aureus*), one yeast strain *Candida albicans* (*C.albicans*) also one phytopathogen fungi belonging to *Fusarium oxysporum* (*F.oxysporum*). To assess the antibacterial activity, EO was diluted in DMSO to 10<sup>-2</sup> to obtain a concentration of 9.25 mg/mL, sterilized by filtration through a 0.2  $\mu$ m pore size filter before detection antimicrobial activity. In this study, antibacterial and antifungal tests were carried out by agar well diffusion according to the method described by Dharajiya et al. [19]. Broth microdilution assay using sterile Mueller–Hinton media (BioRad, France) for bacterial strains and yeast malt extract agar YMA (Bio-Rad, France) for antifungal tests were used. A freshly cell suspension (0.1mL) adjusted to 10<sup>7</sup> CFU/mL for bacteria and 10<sup>5</sup> spores mL<sup>-1</sup> for fungus were inoculated onto the surface of agar plates. Afterwards, wells with 6 mm diameter were punched in the inoculated agar medium and 30  $\mu$ L of the essential oil were added to each well. Negative controls consisted of using 30  $\mu$ L DMSO. The plate was allowed to stand for 40 min at 4°C to permit the extract diffusion followed by incubation at 37°C for 24 h for bacteria and at 48h for yeast and the incubation was taken at 30°C for 3-4 days for *Fusarium oxysporum*. The antibacterial and antifungal activity was evaluated by measuring the zones of inhibition (clear zone around the well) against the test micro-organisms. All tests were repeated three times.

##### 2.5.2. Determination of Minimum Inhibitory Concentration (MIC), Minimal bactericidal concentration (MBC) and Minimal fungicidal concentration (MFC)

The minimum inhibitory concentration (MIC) of the essential oil was determined using the microdilution broth method. MIC was estimated visually (absence of turbidity) and was determined with three independent measurements. Minimal bactericidal and fungicidal concentrations (MBC and MFC) were determined from the microdilution plates used in the MIC assay. Aliquots (10 $\mu$ L) of each well without visible growth were transferred to plates containing the corresponding media culture, and then incubated at 37°C for 24 h then colony growth was verified. All assays were performed in triplicate according to khemiri et al. [20].

##### 2.5.3. Antibiofilm activity

In order to evaluate the antibiofilm activity of EO, we applied some method described by Matei et al. [21]. Thus, tubes containing 100 mL of PDB were introduced with a culture of *Fusarium oxysporum* and a volume of 100  $\mu$ L of diluted EO (10<sup>-1</sup>) with a concentration of 92.5 mg mL<sup>-1</sup> and then incubated for 14 days for biofilm formation. The percentage of inhibition of growth rate was measured using the following equation:

$$\frac{R1 - R2}{R1} \times 100$$

Where: R1: dry weight of control and R2: dry weight of fungal in the presence of compound. Triplicate measurements were realized.

### 3. Results and discussion

#### 3.1. Yield and GC-MS analysis of essential oil

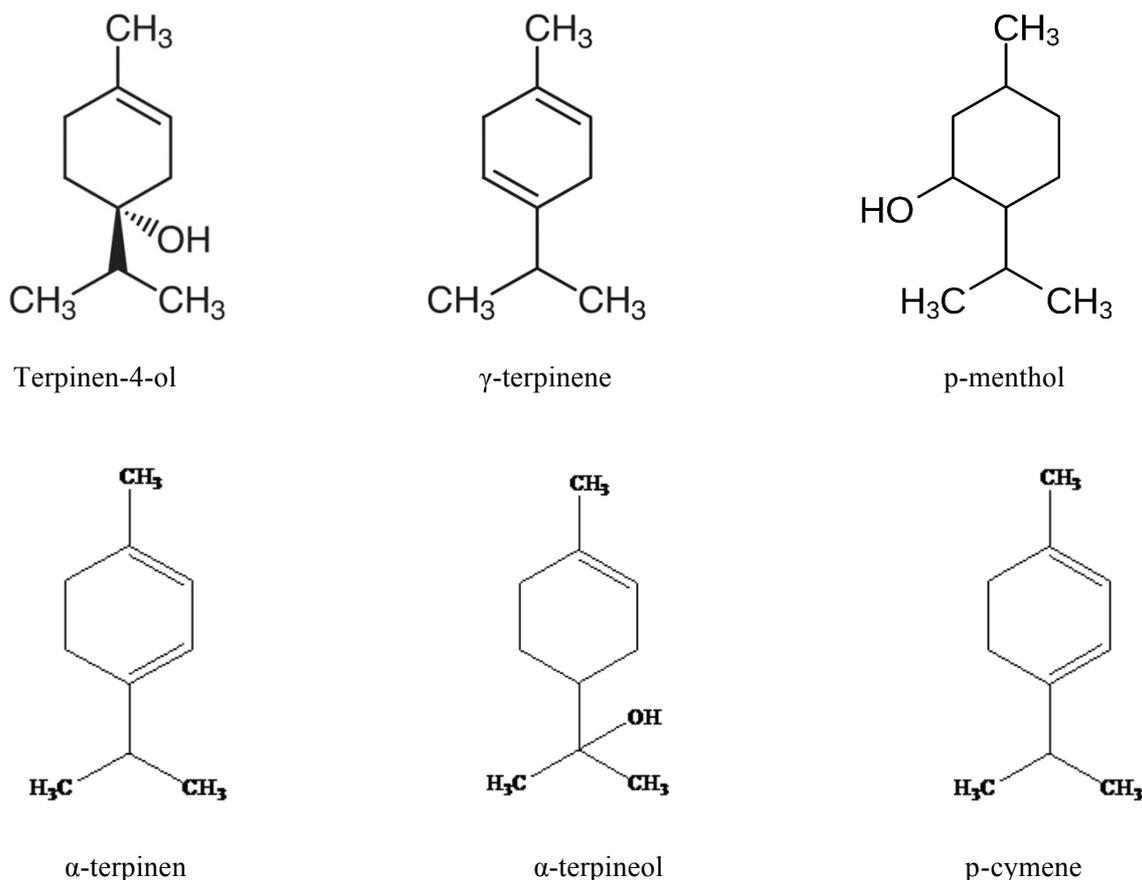
The dried aerial part yielded 1.72% of EO was analyzed by GC-MS. Thus, the determination of sample composition (%) was based on the peak area normalization with any use of correction factors. Our results showed that the composition of EO contain 26 compounds representing 99.73% of the total oil. According to their retention, the percentage of compounds is listed in Table 1. Our study shows the dominance of oxygenated monoterpenes and monoterpene hydrocarbons fractions ranging from (48.19%-46.92%) with small quantities of sesquiterpene hydrocarbons (1.63%) and oxygenated sesquiterpenes (0.7%) in the oil. This dominance was represented by the presence of the major compounds: terpinen-4-ol (26.7%),  $\gamma$ -terpinene (16.96%), p-menthenol (11.85%),  $\alpha$ -terpinen (9.22%),  $\alpha$ -terpineol (5.76%) and p-cymene (5.27%).

**Table 1:** Chemical composition of EO of *Origanum majorana* L.

N°	RT	Components	Area (%)
1	5.80	Trans-thujene	1.9
2	5.65	$\alpha$ -pinene	0.74
3	6.31	$\beta$ -phellandrene	3.82
4	6.39	$\beta$ -pinene	0.36
5	6.55	$\beta$ -myrcene	1.35
6	6.84	$\alpha$ -phellandrene	0.51
7	7.06	<b><math>\alpha</math>-terpinen</b>	<b>9.22</b>
8	7.21	<b>p-cymene</b>	<b>5.27</b>
9	7.30	$\alpha$ -thujene	3.72
10	7.83	<b><math>\gamma</math>-terpinene</b>	<b>16.96</b>
11	7.99	$\beta$ -terpineol	2.67
12	8.37	Cis-carene	3.07
13	8.99	<b>p-menthenol</b>	<b>11.85</b>
14	9.95	Borneol	0.24
15	10.22	<b>Terpinen-4-ol</b>	<b>26.7</b>
16	10.49	<b><math>\alpha</math>-terpineol</b>	<b>5.76</b>
17	10.88	isopiperitone	0.94
18	12.11	Anthranilicacid,linalyl ester	1.42
19	12.23	Methylcyclooctanol	0.28
20	12.70	3-hexyne-2,5-dimethyl	0.21
21	13.27	Bornylacetate	0.24
22	16.40	Geranylacetate	0.14
23	17.51	Caryophyllene	1.27
24	19.28	$\gamma$ -elemene	0.36
25	20.92	Spathulenol	0.7
Total			99.73 %
Hydrocarbon monoterpenes			46.92 %
Oxygenated monoterpenes			48.1%
Hydrocarbon sesquiterpenes			1.63%
Oxygenated sesquiterpenes			0.7 %
Others			2.29 %

RT : Retention Time

These results are in accordance with previous studies reporting that the fractions of oxygenated monoterpenes and monoterpene hydrocarbons for *Origanum majorana* constitute the major fractions (56.1%, 39.4%) whose terpinene-4-ol (28.96%), cis sabinene hydrate(17.5%),  $\gamma$ -terpinene (10.5%), p-cymene(9%),  $\alpha$ -terpineol(5.6%) and  $\alpha$ -terpinene (4.7%) are the major compounds [22]. Other study showed that terpinen-4-ol, p-cymene and  $\gamma$ -terpinene (34,4%, 7% and 6.89%) represented the major components of *Origanum majorana* [23]. Other works reported that for *Origanum majorana* the presence of terpinen-4-ol is characterized as major compound [24-25]. Several studies reported that the difference in essential oil composition from *Origanum* depends on the difference of climate, soil, nutrients present in the soil and condition of extracting [26].



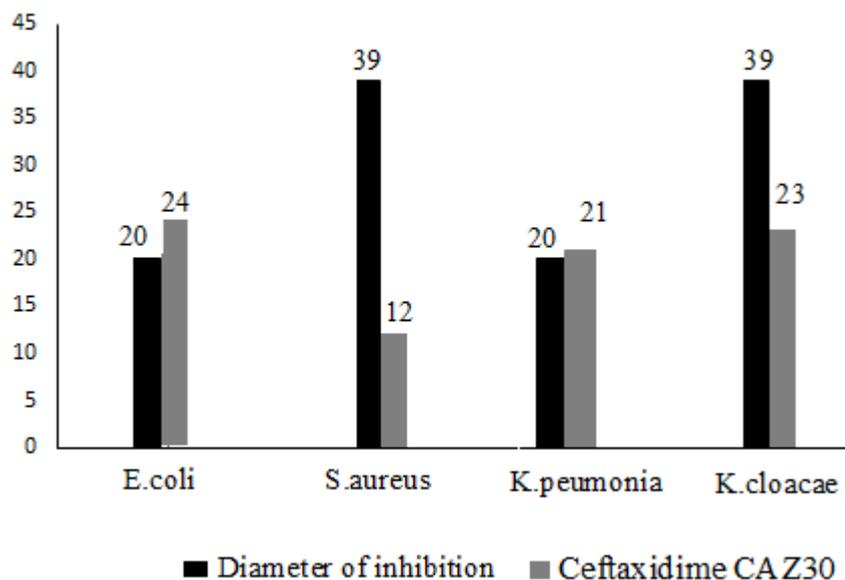
**Figure 2:** Molecular Structure of the major compounds

### 3.2. Biological activity

#### 3.2.1. Antibacterial activity

The antibacterial activity of essential oil of *Origanum majorana* L. against four bacterial strains is summarized in Figure 3 and Table 2. This activity expresses in terms of inhibition diameter and by determination of MIC and MBC of EO. The results revealed that EO of *Origanum majorana* L. has an important bactericidal effect to inhibit growth of all tested Gram positive bacteria and Gram negative bacteria with a zone of inhibition varied from  $20 \pm 0.7$  mm to  $39 \pm 1.41$  mm. Compared with the standard agent (ceftaxidime CAZ30), the inhibition diameter of *S.aureus* ( $39 \pm 1.41$  mm) and *k.clocae* ( $39 \pm 0.8$ ) are higher than ceftaxidime CAZ30 ( $12 \pm 0.3$  mm and  $23 \pm 0.4$  mm). Moreover the inhibition diameter of the other strain (*K.pneumonia* and *E.coli*) is close to the standard with values of  $20 \pm 1.7$  and  $20 \pm 1.2$ . Thus, the data confirmed the important inhibitory power of this EO, which depends on the

tested strain. The values of MIC and MBC are represented in Table 2, the MIC values varied from 9.25 to 92.5mg mL<sup>-1</sup> and MBC from 0.925 to 9.25 mg mL<sup>-1</sup>. The weak value of MIC and MBC was observed against *E.cloacae* and against *E.coli* which confirm the good activity of EO against these two clinical pathogen strains. In general all tested bacteria are sensitive to essential oil of *Origanum majorana* L. however *E.cloacae* and *E.coli* are the most sensitive. According to the literature, our results are in agreement with other works. Olfa et al. [27] demonstrated that Gram negative bacteria are more sensitive than Gram positive bacteria to the EO of *O. majorana* L.



**Figure 3:** Zone of inhibition of essential oil of *Origanum majorana* L. against bacterial stain expressed in mm.

**Table 2:** Values of MIC and MBC of EO of *Origanum Majorana* L.

Tested strain	MIC (mg mL <sup>-1</sup> )	MBC (mg mL <sup>-1</sup> )
<i>E.coli</i>	9.25	0.925
<i>S.aureus</i>	92.5	9.25
<i>k.pneumonia</i>	92.5	9.25
<i>E.cloacae</i>	9.25	0.925

Likewise 10 microorganisms were tested; the results indicated that under the action of essential oil of *Origanum majorana* L. all strains were inhibited and the strain of Gram negative are more sensitive than Gram positive with a MIC ranging from 0.069 to 2.3 mg / mL [28]. Another study reported that of all strains both Gram positive and Gram negative were inhibited by the essential oil of *Origanum majorana* with a zone of inhibition ranging from 12 mm to 16 mm [29]. Indeed, multiple studies have reported the significant antibacterial power of marjoram oil and its high capacity to inhibit the growth of Gram + and Gram – strains [30-31]. Other work has proven also that antibacterial agents have an important bactericidal activity for Gram positive more than Gram negative [22, 32-33]. Difference in the antibacterial activities is related to difference of membrane structure; the double membrane structure of Gram negative strains makes them more resistance than strains of Gram positive which characterized by single membrane structure, as well as the concentration and the nature of the active compounds of EO as well the difference in rate of penetration of the constituents into the cell membrane [27]. However, in our present study, properties of antibacterial activity of EO can be associated to the major monoterpenes

compounds such as terpinen-4-ol,  $\gamma$ -terpinene,  $\alpha$ -terpinen,  $\alpha$ -terpineol and p-menthenol, p-cymene also the synergy between the various majority and minority compounds is taken into consideration. This hypothesis is an agreement with Hajlaoui et al. [22] who confirmed that the antimicrobial activity of marjoram oil is linked to its content of oxygenated monoterpenes ( $\alpha$ -terpineol, terpinen-4-ol,  $\alpha$ -pinene and p-cymene) and other compounds such as  $\beta$ -Caryophyllene and  $\gamma$ -terpinene. Also, Baydar et al. [34] mentioned that the existence of p-cymene and  $\gamma$ -terpinene is the origin of the antibacterial activity of some plants of Lamiacea (*Origanum minutiflorum*, *Origanum onites*, *Thymbra spicata* and *Saturejacuneifolia*).

### 3.2.2. Antifungal and antibiofilm activity

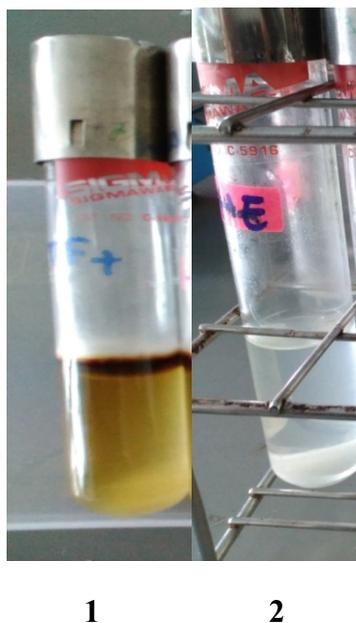
Antifungal activity of EO of *Origanum majorana* L. were evaluated against the phytopathogen *Fusarium oxysporum* and one yeast strain *Candida albicans* as compared to the standards antifungal agent Voriconazole (VCZ), results are listed in Table 3. Our study showed that essential oil of *Origanum majorana* was able to inhibit the growth of *Fusarium oxysporum* and *Candida albicans*, the inhibitory power varies according the tested microorganism. It was very active against *Fusarium oxysporum* species with 100% of inhibition; it has a good antifungal effect against mycelium growth and it has completely inhibited the spore germination, also it reduced the growth of *Candida albicans* with a diameter of  $43.5 \pm 2.12$  mm (43.5 %) with the MIC and MFC values of  $0.925 \text{ mg mL}^{-1}$  and  $9.25 \text{ mg mL}^{-1}$ . For *Fusarium oxysporum*, the MIC and MFC are  $9.25 \cdot 10^{-4}$  and  $9.25 \cdot 10^{-3}$  respectively.

**Table 3:** Antifungal activity of EO of *Origanum majorana* L. and Values of MIC and MFC

Tested strain	Percent of inhibition (%)	MIC (mg/mL)	MFC (mg/mL)	Zone of inhibition of Voriconazole (VCZ)
<i>Fusarium oxysporum</i>	100	$9.25 \cdot 10^{-4}$	$9.25 \cdot 10^{-3}$	$38 \pm 0.5$
<i>Candida albicans</i>	43.5	0.925	9.25	$30 \pm 1.3$

In this work, we discussed the anti-*Fusarium oxysporum* effect of EO of areal part of *Origanum majorana* L. In other researchers, Dhaouadi et al. [35] evaluated the antifungal activity of EO from other organ of *Origanum majorana* L. (stem, collar, root and leaf) against eleven isolate of *F.oxysporum* f.sp.melonis and ten isolate of *F.solani*, he mentioned that growth inhibition of EO of roots was 100 % while the growth of inhibition for the rest ranged between 44.84 and 84.13 %. For the *F.solani*, the inhibitory power of all organ of *Origanum majorana* L. varied from 33 to 74.92 %. In the same study, EO from organ from Lavender has a weak effect against *F.oxysporum* (52.2 -89.90 %) and against *F.solani* (35.90-83.51 %). Other work determined the effect of EO from some Lamiacea species like *C. umbrosa*, *N. leucophylla*, *N. ciliaris* and *N. clarkei* against *F.oxysporum* at  $500 \mu\text{g mL}^{-1}$ , he demonstrated that these plants are able to inhibit the growth of *Fusarium oxysporum* at percent equal to 67.4, 71, 74.5 and 68 % [36]. The growth of *Candida albicans* was moderately reduced by essential oil of *Origanum majorana*: the zone of growth inhibition was  $11.33 \pm 0.57$  mm while the MIC and MFC was 0.468 and  $1.875 \text{ mg mL}^{-1}$  [22]. In addition, it was showed that EO of *Origanum majorana* failed to inhibit the growth of *Candida albicans* [37]. Antifungal activity of EO can be associated to the major compounds of monoterpenes or by the synergetic effect of compounds [22]. Inouye et al. [38] showed that concentration of oxygenated compounds influences directly in the antifungal effect. Another author like Ghada et al. [18] showed that terpinen-4-ol was the primary active ingredient for the antifungal tests. In conclusion, antifungal activity of essential oil depending on the composition and the concentration of EO [39].

Due to the high activity of EO of *Origanum marjorana* L. against *Fusarium oxysporum*, the activity against biofilm of this phytopathogen was determined. The Results showed that the EO presents has a great antibiofilm activity; it was inhibited 100% (Figure 4). The formation of biofilm from fungi plays an important role; it can increase the resistance of antifungal compounds. The results are illustrated in Figure 4. According to the Figure 4, essential oil of *Origanum majorana* L. has a good inhibition against biofilm of *Fusarium oxysporum*: the percentage of inhibition was 100% using 100 $\mu$ L compared to untreated biofilm. Works on antibiofilm activity of *Fusarium oxysporum* are very limited. Referring to the literature EO of some medicinal plants such *Thyme* and *clove* inhibited totally the biofilm formation of *Fusarium oxysporum* at 50  $\mu$ L [39].



**Figure 4:** Effect of EO of *Origanum majorana* L. against biofilm formation of *F.oxysporum* With; 1: untreated biofilm; 2: response of biofilm in presence of EO

In particular EO of numerous plants such *oregano*, *rosemary*, *thyme*, *cloven lippies pp*, *cypress* and *citrus* showed a good potential as antibiofilm agent [39]. In our report, the antibiofilm activity is probably related to the richness of essential oil of *Origanum majorana* L. in monoterpenes. In another report, Ben Abdallah et al. [40] proved that the significant antibiofilm activity of *Origanum majorana* L. is caused by its high content of Terpinen-4-ol. It has been noted that, the good antibiofilm activity of selected plant was attributed by terpenes [39] which confirms our results found.

## Conclusions

In this work, EO has been extracted from Tunisian *Origanum marjorana* L. Then, the chemical composition has been determined using GC-MS method. The major components of the essential oil of *Origanum marjorana* L were terpinen-4-ol (26.7%),  $\gamma$ -terpinene (16.96%), p-menthenol (11.85%),  $\alpha$ -terpinen (9.22%),  $\alpha$ -terpineol (5.76%) and p-cymene (5.27%). Moreover, the results confirm that this EO has a good biological activity; we have shown on the one hand the major inhibitory power of essential oil of *Origanum marjorana* L. against gram positive and gramnegative bacterial strains, on the other hand against the phytopathogen '*Fusarium oxysporum*' and the yeast '*Candida albicans*. Further study was needed to evaluate the potential use of the essential oil of *Origanum marjorana* L. in biological applications as antifungal agent.

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